

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2017

Independent Living at ACC Greenhaven Terrace

			9:00am Walk & Talk (CR) 1 10:00am Yoga Pilates (CR) 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 4:00pm GT Singers (CR) 7:00pm Scrabble (LIB)	9:00am Tai-Chi (CR) 2 10:00am Red Hawk Casino Pick-Up 10:15am Tai-Chi(CR) 1:00pm Beg. Line Dance (CR) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	9:30am Sit & Be Fit(CR) 3 9:45am Bel-Air Shopping 1:00pm Mahjong (CR)	10:00am Coffee Conversation Hour (CR) 4 10:00am Red Hawk Casino Pick-Up 2:00pm Chicken Feet Dominoes (CR) 2:00pm Kings in the Corner (LIB) 7:00pm Dominoes (LIB)
Daylight Savings Ends 5	9:30am Sit & Be Fit (CR) 6 12:00pm Beg. Line Dance (CR) 1:00pm Intermed. Line Dance (CR)	9:45am Tai-Chi (CR) 7 10:00am Red Hawk Casino Pick-Up 2:00pm Beg. Pokeno (LIB) 2:00pm Kings in the Corner (CR)	9:00am Walk & Talk (CR) 8 9:30am Catholic Communion Service (CFR) 10:30am Donuts & Coffee (CR) 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	9:00am Tai-Chi (CR) 9 10:00am Red Hawk Casino Pick-Up 10:00am Buddhist Chanting Service (AL) 10:15am Tai-Chi(CR) 1:00pm Beg. Line Dance (CR) 2:00pm Movie Matinee (AL) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	9:00am-3:00pm ACC CRAFT AND BAKE SALE (CR) 10 9:45am Bel-Air Shopping Trip	10:00am Coffee Conversation Hour (CR) 11 10:00am Red Hawk Casino Pick-Up 2:00pm Chicken Feet Dominoes (CR) 2:00pm Kings in the Corner (LIB) 7:00pm Dominoes (LIB) <small>Veterans Day (US) Remembrance Day (Canada)</small>
12	9:30am Sit & Be Fit (CR) 13 12:00pm Beg. Line Dance (CR) 1:00pm Intermed. Line Dance (CR) 1:00pm Crochet (CFR)	9:45am Tai-Chi (CR) 14 10:00am Red Hawk Casino Pick-Up 1:00pm Nifty Knitters (CR) 2:00pm Beg. Pokeno (LIB) 2:00pm Kings in the Corner (CR)	9:00am Walk & Talk (CR) 15 10:00am Thunder Valley Trip 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	9:00am Tai-Chi (CR) 16 10:00am Red Hawk Casino Pick-Up 10:15am Tai-Chi(CR) 11:30 Brain Fitness/ Arts & Crafts w/ Nancy (CR) 1:00pm Beg. Line Dance (CR) 2:00pm Book Mobile 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	9:30am Sit & Be Fit(CR) 17 9:45am Bel-Air Shopping 10:30am Donuts & Coffee (CR) 1:00pm Mahjong (CR)	10:00am Coffee Conversation Hour (CR) 18 10:00am Red Hawk Casino Pick-Up 1:00pm Bingo (CR) 2:00pm Chicken Feet Dominoes (CR) 2:00pm Kings in the Corner (LIB) 7:00pm Dominoes (LIB)
19	9:30am Sit & Be Fit (CR) 20 12:00pm Beg. Line Dance (CR) 1:00pm Intermed. Line Dance (CR)	9:45am Tai-Chi (CR) 21 10:00am Red Hawk Casino Pick-Up 2:00pm Beg. Pokeno (LIB) 2:00pm Garden Club Meeting (CR) 2:00pm Kings in the Corner (CR)	9:00am Walk & Talk (CR) 22 9:30am Catholic Communion Service (CFR) 12:00pm Intermed. Line Dance (CR) 2:00pm Birthday Party (CR) 7:00pm Scrabble (LIB)	10:00am Red Hawk Casino Pick-Up 23 <small>Thanksgiving Day (US)</small>	9:30am Sit & Be Fit(CR) 24 9:45am Bel-Air Shopping 1:00pm Mahjong (CR)	10:00am Coffee Conversation Hour (CR) 25 10:00am Red Hawk Casino Pick-Up 2:00pm Chicken Feet Dominoes (CR) 2:00pm Kings in the Corner (LIB) 7:00pm Dominoes (LIB)
26	9:30am Sit & Be Fit (CR) 27 12:00pm Beg. Line Dance (CR) 1:00pm Intermed. Line Dance (CR) 1:00pm Crochet (CFR) 4:00pm Anna (Programs) CR	9:45am Tai-Chi (CR) 28 10:00am Red Hawk Casino Pick-Up 1:00pm Nifty Knitters (CR) 2:00pm Beg. Pokeno (LIB) 2:00pm Kings in the Corner (CR)	9:00am Walk & Talk (CR) 29 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	9:00am Tai-Chi (CR) 30 10:00am Red Hawk Casino Pick-Up 10:15am Tai-Chi(CR) 1:00pm Beg. Line Dance (CR) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	Yesenia F. Jones Resident Services Manager ACC Greenhaven Terrace 1180 Corporate Way Sacramento, CA 95831 Phone: (916) 395-0210 Fax: (916) 395-0212 Email: Yjones@accsv.org Web: www.accgt.org	

AL= Assisted Living Activity Room CR= Community Room LIB= Library CFR= Conference Room