

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August 2017</b> Independent Living at ACC Greenhaven Terrace		<b>1</b> 9:30am Aqua Fit 9:45am Easy Tai-Chi (CR) 10:00am Red Hawk Casino 10:30am Beg. Swim 2:00pm Beg. Pokeno 2:00pm Kings in the Corner	<b>2</b> 9:00am Walk & Talk 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 4:00pm GT Singers (CR) 7:00pm Scrabble (LIB)	<b>3</b> 9:00am Starbucks Pastries (CR) 9:00am Tai-Chi (CR) 9:30am Aqua Fit 10:00am Red Hawk Casino 10:15am Tai-Chi (CR) 1:00pm Beg Line Dance (CR) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	<b>4</b> 9:30am Sit & Be Fit (CR) 9:45am Bel-Air Shopping Trip 1:00pm Mahjong (CR)	<b>5</b> 10:00am Red Hawk Casino 2:00pm Kings in the Corner (LIB) 2:00pm Recital Performance (CR) 7:00pm Dominoes (CR)
<b>6</b> 9:30am Sit & Be Fit (CR) 12:00pm Beg Line Dance (CR) 1:00pm Intermed Line Dance (CR)	<b>7</b> 9:30am Aqua Fit 9:45am Easy Tai-Chi (CR) 10:00am Red Hawk Casino 1:00pm Nifty Knitters (CR) 2:00pm Kings in the Corner (CR) 2:00pm Beg. Pokeno (LIB)	<b>8</b> 9:30am Aqua Fit 9:45am Easy Tai-Chi (CR) 10:00am Red Hawk Casino 1:00pm Nifty Knitters (CR) 2:00pm Kings in the Corner (CR) 2:00pm Beg. Pokeno (LIB)	<b>9</b> 9:00am Walk & Talk 9:30am Catholic Communion Serv. (CFR) 10:00am Thunder Valley 12:00pm Intermed Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	<b>10</b> 9:00am Pastries (CR) 9:00am Tai-Chi (CR) 9:30am Aqua Fit 10:00am Red Hawk Casino 10:15am Tai-Chi (CR) 1:00pm Beg Line Dance (CR) 2:00pm Movie Mat. (AL) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	<b>11</b> 9:30am Sit & Be Fit (CR) 9:45am Bel-Air Shopping Trip 10:30am Donuts/Coffee/Phone Presentation (CR) 1:00pm Mahjong (CR)	<b>12</b> 10:00am Red Hawk Casino 2:00pm Kings in the Corner (LIB) 3:00pm Easy Yoga (CR) 7:00pm Dominoes (CR)
<b>13</b> 9:30am Sit & Be Fit (CR) 12:00pm Beg Line Dance (CR) 1:00pm ACC Knitting (CFR) 1:00pm Intermediate Line Dance (CR)	<b>14</b> 9:30am Aqua Fit 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR) 2:00pm Garden Club Meeting (CR)	<b>15</b> 9:30am Aqua Fit 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR) 2:00pm Garden Club Meeting (CR)	<b>16</b> 9:00am Walk & Talk 10:00am Thunder Valley 12:00pm Intermed Line Dance (CR) 12:30pm Dr. Hague (AL) 2:00pm Chicken Feet Dominoes (CR) 5:00pm GT Kids Dinner (CR) 7:00pm Scrabble (LIB)	<b>17</b> 9:00am Pastries (CR) 9:00am Tai-Chi (CR) 9:30am Aqua Fit 10:00am Red Hawk Casino 10:15am Tai-Chi (CR) 11:30am Brain Fit Arts & Crafts (CR) 1:00pm Beg Line Dance (CR) 2:00pm Book Mobile 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	<b>18</b> 9:30am Sit & Be Fit (CR) 9:45am Bel-Air Shopping Trip 1:00pm Mahjong (CR)	<b>19</b> 10:00am Red Hawk Casino 2:00pm Kings in the Corner (LIB) 7:00pm Dominoes (CR)
<b>20</b> 9:30am Sit & Be Fit (CR) 12:00pm Beg Line Dance (CR) 1:00pm Intermed Line Dance (CR)	<b>21</b> 9:30am Aqua Fit 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 1:00pm Nifty Knitters (CR) 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR)	<b>22</b> 9:30am Aqua Fit 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 1:00pm Nifty Knitters (CR) 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR)	<b>23</b> 9:00am Walk & Talk 9:30am Catholic Serv. (CFR) 12:00pm Intermed Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	<b>24</b> 9:00am Pastries (CR) 9:00am Tai-Chi (CR) 9:30am Aqua Fit 10:00am Red Hawk Casino 10:15am Tai-Chi (CR) 11:30am Brain Fit w/ Wayne 1:00pm Beg Line Dance (CR) 2:00pm Birthday Party (CR) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	<b>25</b> 9:30am Sit & Be Fit (CR) 9:45am Bel-Air Shopping Trip 1:00pm Mahjong (CR)	<b>26</b> 10:00am Red Hawk Casino 2:00pm Kings in the Corner (LIB) 3:00pm Easy Yoga (CR) 7:00pm Dominoes (CR)
<b>27</b> 9:30am Sit & Be Fit (CR) 12:00pm Beg Line Dance (CR) 1:00pm ACC Knitting (CFR) 1:00pm Intermed Line Dance (CR) 4:00pm Anna From Programs	<b>28</b> 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR)	<b>29</b> 9:45am Tai-Chi (CR) 10:00am Red Hawk Casino 2:00pm Beg Pokeno (LIB) 2:00pm Kings in the Corner (CR)	<b>30</b> 9:00am Walk & Talk 12:00pm Intermed. Line Dance (CR) 2:00pm Chicken Feet Dominoes (CR) 7:00pm Scrabble (LIB)	<b>31</b> 9:00am Pastries (CR) 9:00am Tai-Chi (CR) 10:00am Red Hawk Casino 10:15am Tai-Chi (CR) 1:00pm Beg Line Dance (CR) 7:00pm Bingo (CR) 8:00pm Pokeno (CR)	<b>Yesenia F. Jones</b> Resident Services Manager ACC Greenhaven Terrace 1180 Corporate Way Sacramento, CA 95831 Phone: (916) 395-0210 Fax: (916) 395-0212 Email: <a href="mailto:Yjones@accsv.org">Yjones@accsv.org</a> Web: <a href="http://www.accqt.org">www.accqt.org</a>	

AL= Assisted Living Activity Room CFR= Conference Room LIB= Library CR= Community Room